

# An NMR study of inclusion complexes formed by $\alpha$ -cyclodextrin and (*R*)- or (*S*)- $\alpha$ -lipoic acid

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**Abstract** A  $^1\text{H}$  NMR study that explored the ability of  $\alpha$ -cyclodextrin ( $\alpha$ -CD) to preferentially bind (*R*)- $\alpha$ -lipoic acid is presented. The interaction between  $\alpha$ -CD and (*R*)- $\alpha$ -lipoic acid was found to be stronger than that between  $\alpha$ -CD and (*S*)- $\alpha$ -lipoic acid. Structures for the (*R*)- $\alpha$ -lipoic acid/ $\alpha$ -CD and (*S*)- $\alpha$ -lipoic acid/ $\alpha$ -CD inclusion complexes were constructed using restraints derived from ROESY spectra and MM2 molecular mechanics calculations. The models built for both complexes have the 1,2-dithiolane ring and the carboxyl moiety of  $\alpha$ -lipoic acid oriented toward the secondary and primary hydroxy sides of  $\alpha$ -CD, respectively.

**Keywords** Cyclodextrin · Inclusion complex · Lipoic acid · NMR · ROESY

## Introduction

(*R*)- $\alpha$ -Lipoic acid (Fig. 1a), a compound found naturally in low amounts in food such as liver, spinach, and tomatoes, can effectively prevent oxidative stress in vivo [1–3]. Its 1,2-dithiolane ring is responsible for the antioxidant activity. Light, heat and alkaline conditions inactivate it. Additionally, it is poorly soluble in water [4]. Cyclodextrins (CDs) are expected to increase the solubility and stability of (*R*)- $\alpha$ -lipoic

acid by forming (*R*)- $\alpha$ -lipoic acid/CD inclusion complexes, suggesting that such complexes can be used as nutritional (*R*)- $\alpha$ -lipoic acid supplements. CDs are cyclic oligosaccharides, containing six ( $\alpha$ -CD, Fig. 1c), seven ( $\beta$ -CD), or eight ( $\gamma$ -CD) D-glucopyranose units [5, 6]. In aqueous solution, CDs can accommodate a variety of organic compounds in their central cavities and are therefore widely used to protect substrates from physical or chemical damage. Certain properties of the (*R*)- $\alpha$ -lipoic acid/ $\beta$ -CD inclusion complex have been determined, but its structure has not been characterized, because its rotating frame nuclear Overhauser effect spectroscopy (ROESY) spectrum contained only a few NOEs as (*R*)- $\alpha$ -lipoic acid was mobile in the  $\beta$ -CD cavity [7, 8].  $\alpha$ -CD has a smaller cavity than does  $\beta$ -CD, which suggests that  $\alpha$ -CD should be able to maintain (*R*)- $\alpha$ -lipoic acid in a fixed orientation for structural determination. Although as noted above, (*R*)- $\alpha$ -lipoic acid/CD inclusion complexes have been reported, inclusion complexes with the non-natural enantiomer, (*S*)- $\alpha$ -lipoic acid (Fig. 1b), have not been studied. Herein, we report an NMR study of the  $\alpha$ -CD inclusion complexes for (*R*)- and (*S*)- $\alpha$ -lipoic acid, and show that  $\alpha$ -CD preferentially binds (*R*)- $\alpha$ -lipoic acid. Additionally, using restraints derived from the corresponding ROESY spectra, we built energy-minimized structures for the  $\alpha$ -CD complexes with (*R*)- or (*S*)- $\alpha$ -lipoic acid.

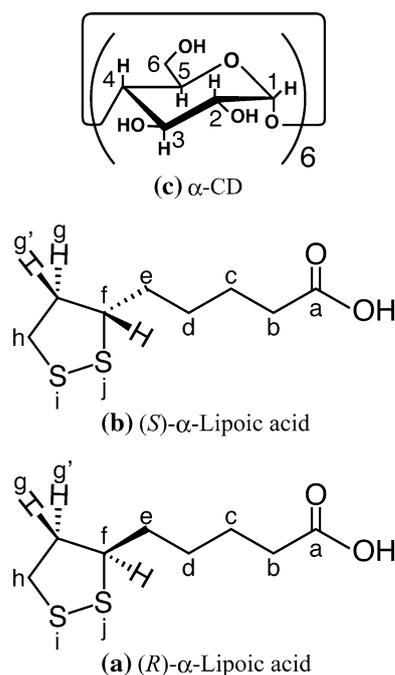
## Materials and methods

### Materials

$\alpha$ -Cyclodextrin (CAVAMAX W6 Food) and (*R*)- and (*S*)- $\alpha$ -lipoic acid were supplied by Wacker chemical Co. and Toyo hakko Co., Ltd., respectively. Deuterium oxide, with an isotopic purity of 99.95%, was purchased from Merck Co.

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**Fig. 1** Structures of **a**  $(R)$ - $\alpha$ -lipoic acid, **b**  $(S)$ - $\alpha$ -lipoic acid, and **c**  $\alpha$ -cyclodextrin

#### Sample preparation for NMR studies

Mixtures of  $(R)$ - or  $(S)$ - $\alpha$ -lipoic acid (2 mM) and  $\alpha$ -CD (2 mM) were sonicated in  $D_2O$  (1 mL) for 20 min and insoluble materials were removed by filtration.

#### $^1H$ -NMR spectroscopy

One- and two-dimensional  $^1H$ -NMR spectra were recorded at 25 °C using Bruker Avance 600 and Varian VXR-500S spectrometers operating at 600.13 and 499.843 MHz, respectively. All spectra were recorded using the manufacturer's suggested pulse sequences and procedures. The  $^1H$  chemical shift of HDO ( $\delta = 4.70$  ppm) served as the internal standard. The rotating frame nuclear Overhauser effect spectroscopy (ROESY) spectra were obtained with a mixing time of 300 ms and 32 scans for each t1 increment (256 in total). HDO was suppressed by selective irradiation during the repetition delays.

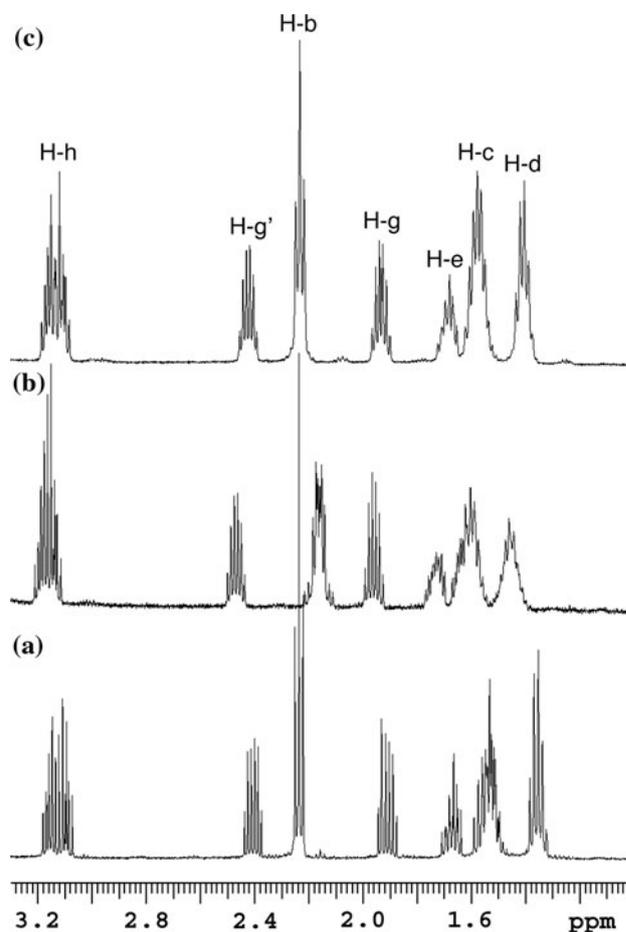
#### The estimated structures of the $\alpha$ -lipoic acid/ $\alpha$ -CD complexes

To elucidate a plausible structure for the  $\alpha$ -lipoic acid/ $\alpha$ -CD complexes, molecular mechanics calculations were performed using ChemBio3D Ultra 12.0.3 (CambridgeSoft Corporation, 2010) software with a modified Allinger's MM2 force field. Each  $\alpha$ -lipoic acid enantiomer was initially placed into the  $\alpha$ -CD cavity with its 1,2-dithiolane

ring and carboxyl moiety oriented toward the secondary and primary hydroxy faces of  $\alpha$ -CD, respectively, and then the energy of each structure was minimized. In addition, several other initial  $(R)$ - and  $(S)$ - $\alpha$ -lipoic acid positions were subjected to energy minimization, and, for all runs, the final structures were nearly the same.

#### Results and discussion

Figure 2 shows the  $\alpha$ -lipoic acid region of the  $^1H$  NMR spectra of  $(R)$ - $\alpha$ -lipoic acid alone,  $(R)$ - $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD, and  $(S)$ - $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD in  $D_2O$ . The H-b and H-d resonances in the spectrum of  $(R)$ - $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD are shifted upfield and downfield, respectively, compared with their positions in the spectrum of  $(R)$ - $\alpha$ -lipoic acid alone, suggesting that H-b and H-d interact with different parts of  $\alpha$ -CD, i.e., they are oriented on opposing sides of  $\alpha$ -CD. Additionally, in the presence of  $\alpha$ -CD, the  $^1H$  resonances of

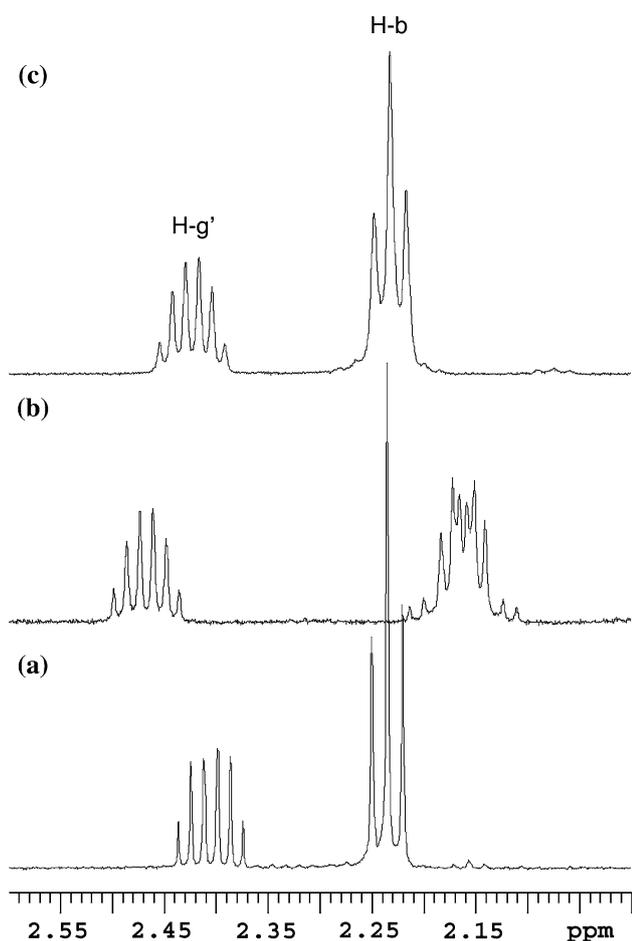


**Fig. 2**  $\alpha$ -Lipoic acid regions in the  $^1H$  NMR spectra of **a**  $(R)$ - $\alpha$ -lipoic acid alone, **b**  $(R)$ - $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD, and **c**  $(S)$ - $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD in  $D_2O$  at 25 °C

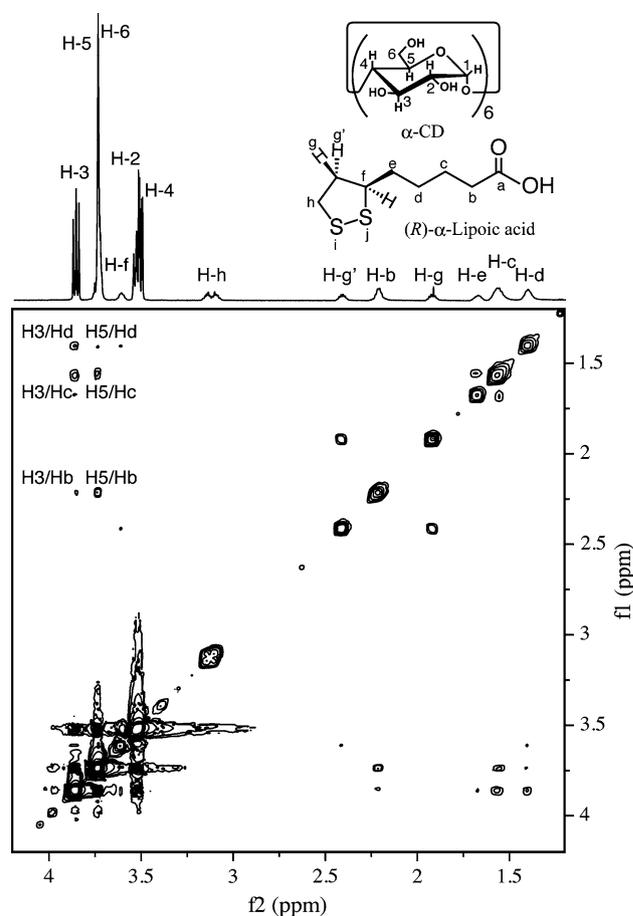
(*R*)- $\alpha$ -lipoic acid are shifted to a greater extent than are those of (*S*)- $\alpha$ -lipoic acid, suggesting that the overall interaction between  $\alpha$ -CD and (*R*)- $\alpha$ -lipoic acid is stronger than that between  $\alpha$ -CD and (*S*)- $\alpha$ -lipoic acid. Notably, the resonances for H-b of (*R*)- $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD show a complicated splitting pattern, whereas those of (*S*)- $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD and (*R*)- $\alpha$ -lipoic acid alone present as simple triplets (Fig. 3). Additionally, splitting patterns of the other resonances for both enantiomers in the presence of  $\alpha$ -CD are nearly identical. Because the H-b resonances are magnetically non-equivalent in the (*R*)- $\alpha$ -lipoic acid/ $\alpha$ -CD spectrum, a rotational barrier around a C–C bond may exist, possibly caused by a hydrogen bond between the carboxyl group of (*R*)- $\alpha$ -lipoic acid and a hydroxy group of  $\alpha$ -CD. The stereochemical effect of the chiral C-f may cause the differences in the position of the carboxyl group for enantiomers even though the distance between the C-f and C-b carbons is far apart.

If each of the  $\alpha$ -lipoic acid enantiomers is bound within the  $\alpha$ -CD cavity, NOE correlations between their protons

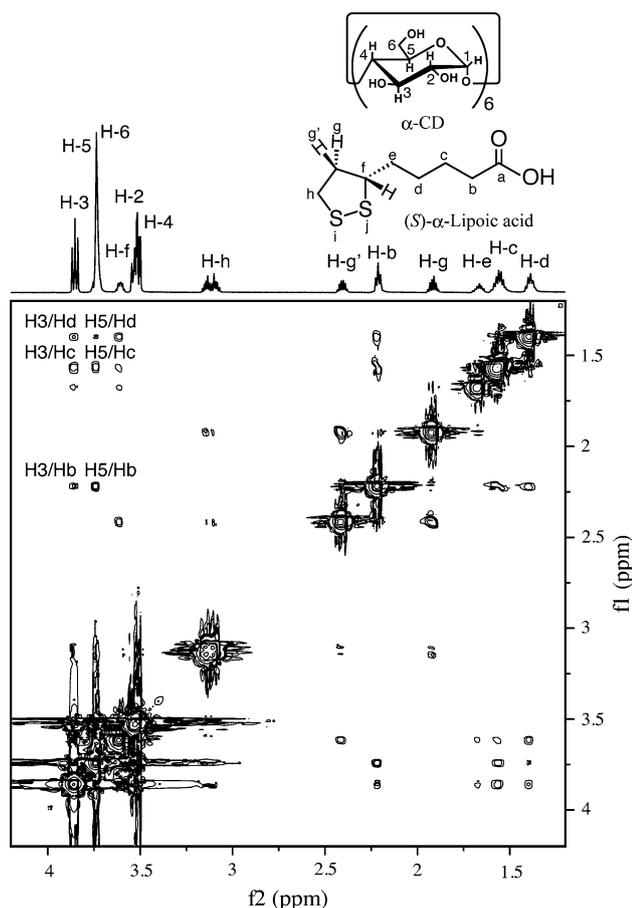
and those of  $\alpha$ -CD (H-3, H-5, or H-6) would be observed, and it would then be possible to orient each  $\alpha$ -lipoic acid in the  $\alpha$ -CD cavity using the restraints derived from the assigned NOE intensities [9, 10]. NOE correlations between protons of each enantiomer and protons of  $\alpha$ -CD were observed in the corresponding ROESY spectrum. Figures 4 shows the assigned ROESY spectrum with the NOE correlations that connect protons of (*R*)- $\alpha$ -lipoic acid with protons of  $\alpha$ -CD diagrammed. The intensity of the NOE correlation between the H-d of (*R*)- $\alpha$ -lipoic acid and the H-3 of  $\alpha$ -CD is larger than that between the H-d of (*R*)- $\alpha$ -lipoic acid and the H-5 of  $\alpha$ -CD. The intensity of the NOE correlation between the H-b of (*R*)- $\alpha$ -lipoic acid and the H-5 of  $\alpha$ -CD is larger than that between the H-b of (*R*)- $\alpha$ -lipoic acid and the H-3 of  $\alpha$ -CD. The intensity of the NOE correlation between the H-c of (*R*)- $\alpha$ -lipoic acid and the H-3 of  $\alpha$ -CD is similar to that between the H-c of (*R*)- $\alpha$ -lipoic acid and the H-5 of  $\alpha$ -CD. These results strongly suggest that the 1,2-dithiolane ring and the carboxyl moiety of (*R*)- $\alpha$ -lipoic acid are oriented toward the secondary and



**Fig. 3** H-g' and H-b resonances in the  $^1\text{H}$  NMR spectra of **a** (*R*)- $\alpha$ -lipoic acid alone, **b** (*R*)- $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD, and **c** (*S*)- $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD in  $\text{D}_2\text{O}$  at 25 °C



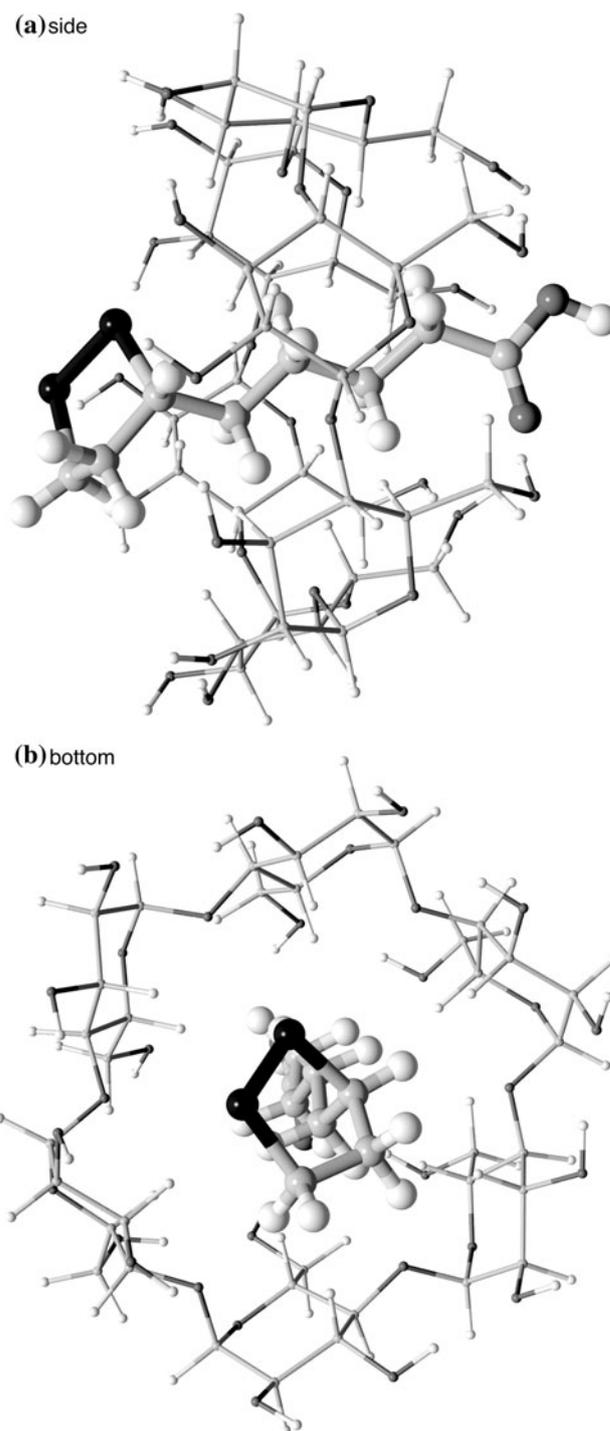
**Fig. 4** ROESY spectrum of the (*R*)- $\alpha$ -lipoic acid/ $\alpha$ -CD complex



**Fig. 5** ROESY spectrum of the (*S*)- $\alpha$ -lipoic acid/ $\alpha$ -CD complex

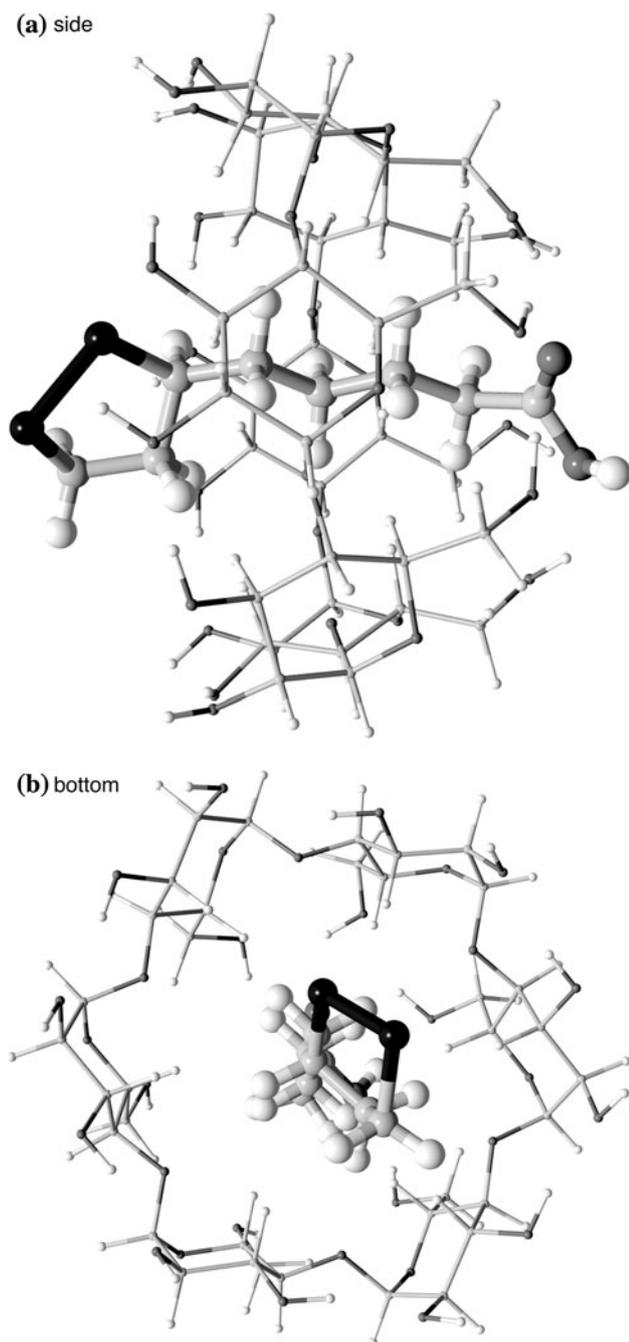
primary hydroxy sides of  $\alpha$ -CD, respectively. A ROESY spectrum of (*S*)- $\alpha$ -lipoic acid in the presence of  $\alpha$ -CD was also acquired (Fig. 5). The pattern of NOE correlations in the (*S*)- $\alpha$ -lipoic acid/ $\alpha$ -CD spectrum is similar to that in the (*R*)- $\alpha$ -lipoic acid/ $\alpha$ -CD spectrum but the NOE intensities for former are weaker than those for the latter. In general, NOE intensities depend on the distance between the interacting groups, which for a noncovalent complex such as a CD/guest inclusion complex, is partially dictated by the binding strength of the complex. Therefore, the stronger NOE intensities found in (*R*)- $\alpha$ -lipoic acid/ $\alpha$ -CD spectrum suggest, as did the larger CD-induced chemical shift changes, that the (*R*)- $\alpha$ -lipoic acid/ $\alpha$ -CD interaction is stronger than the (*S*)- $\alpha$ -lipoic acid/ $\alpha$ -CD interaction.

Structure for the two  $\alpha$ -lipoic acid/ $\alpha$ -CD inclusion complexes based on the NOE constrains obtained from their ROESY spectra were built using the MM2 molecular mechanics module in ChemBio3D (Figs. 6, 7). For both complexes, the 1,2-dithiolane rings are approximately perpendicular to the C6 axis of  $\alpha$ -CD, which explains why no NOE correlations were found for the protons of the 1,2-dithiolane ring and the protons of  $\alpha$ -CD. The total steric



**Fig. 6** Estimated structure of the (*R*)- $\alpha$ -lipoic acid/ $\alpha$ -CD complex; **a** side view, **b** view from the secondary hydroxy side

energies for the (*R*)- and (*S*)- $\alpha$ -lipoic acid inclusion complexes are 67.0 and 68.6 kcal/mol, respectively, indicating that the former is the more stable complex in vacuo. The values for the energies agree with the NMR data that suggested that (*R*)- $\alpha$ -lipoic acid bound somewhat more tightly to  $\alpha$ -CD.



**Fig. 7** Estimated structure of the (*S*)- $\alpha$ -lipoic acid/ $\alpha$ -CD complex; **a** side view, **b** view from the secondary hydroxy side

## Conclusions

The interaction of  $\alpha$ -CD with the naturally occurring (*R*)- $\alpha$ -lipoic acid is stronger than that with the non-naturally

occurring enantiomer, (*S*)- $\alpha$ -lipoic acid. Structures for the two  $\alpha$ -lipoic acid/ $\alpha$ -CD inclusion complexes were built using NOE-derived restraints and MM2 molecular mechanics calculations. In both structures, the 1,2-dithiolane ring and the carboxyl moiety of the  $\alpha$ -lipoic acid are oriented toward the secondary and primary hydroxy sides of  $\alpha$ -CD, respectively.

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